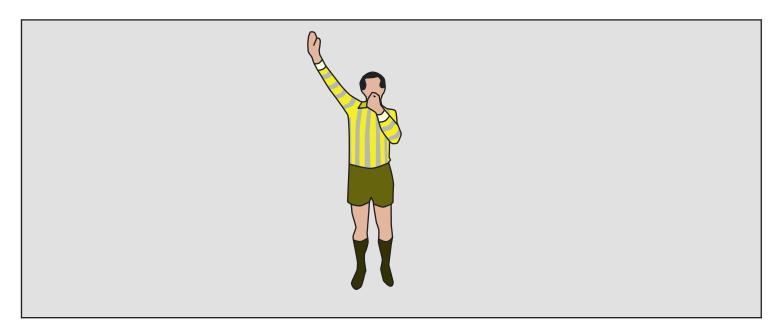


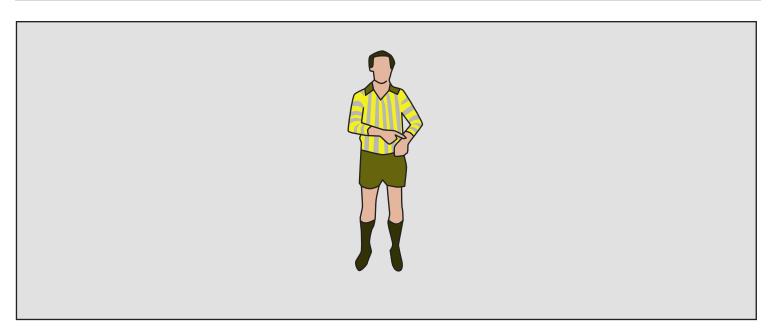
Offsides

Arm moves across the body indicating team offside



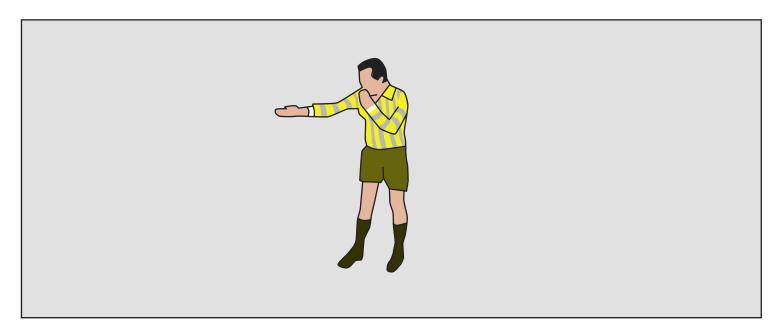
Indirect Free Kick

Blow whistle and motion hand strait in the air.



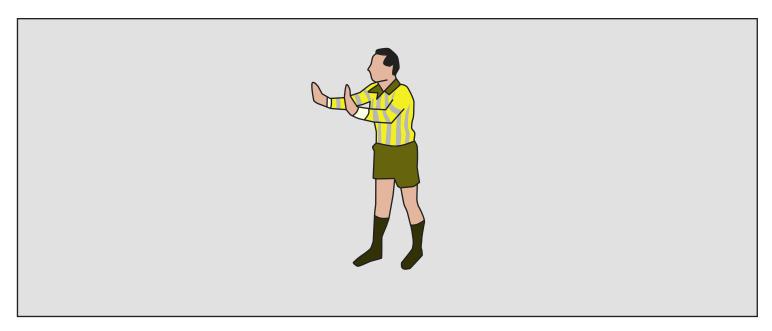
Time allowance

Point to watch. Give a concerned look.



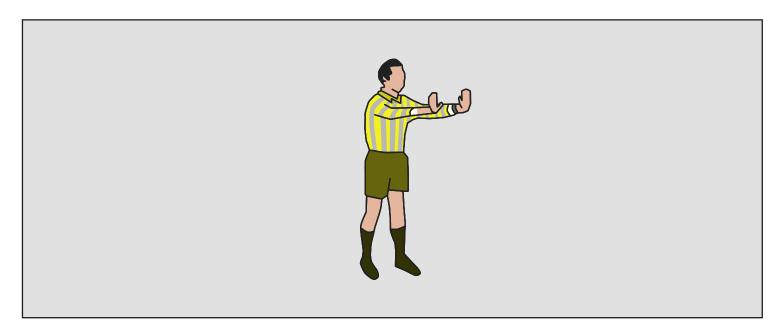
Directional Signal

A sharp whistle accompanied with an arm gesture to the location.



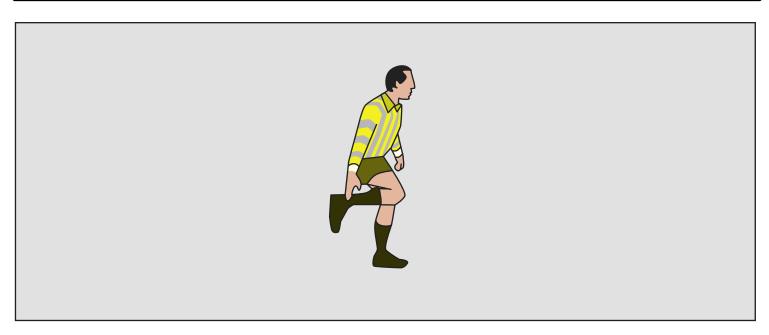
Pushing

Both arms up in a pushing fashion.



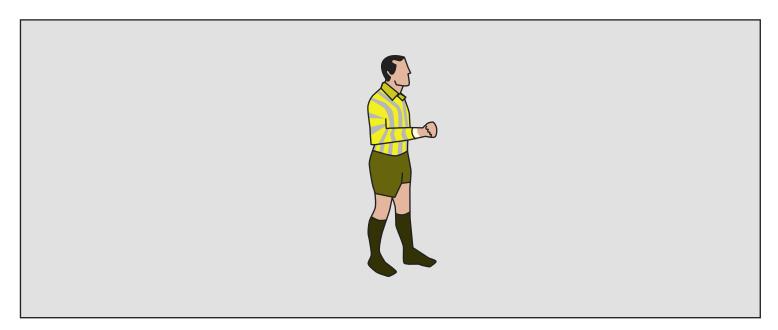
Retire 10 Yards

Both hands up with all 10 fingers wiggling.



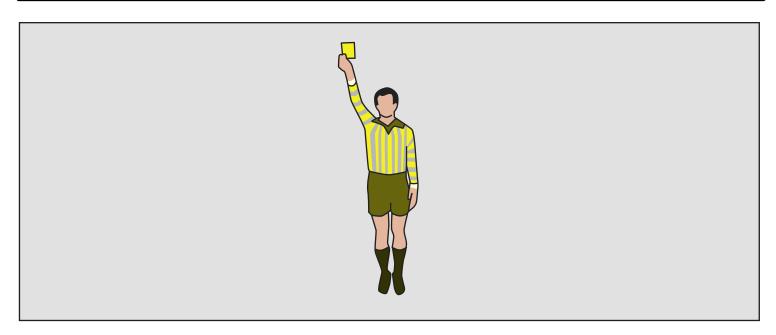
Unfair Tackle From Behind

Reach hand down and touch a slightly lifted leg.



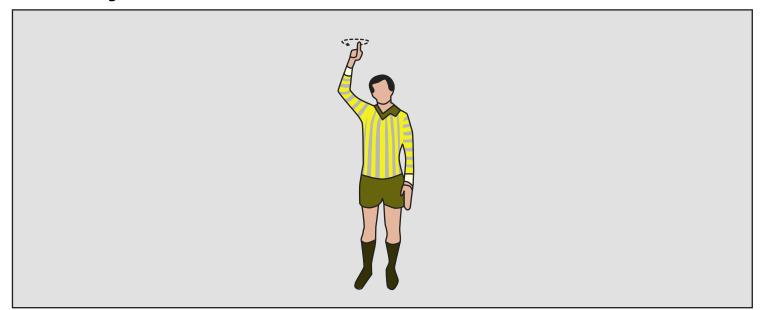
Striking

Said with authority and a clenched fist.



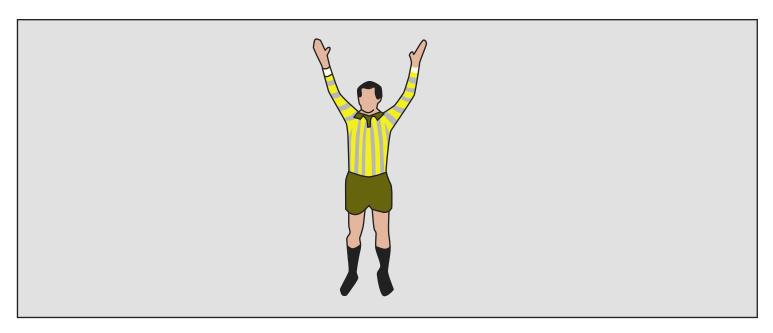
Caution/Ejection

Stand strait and present the card for all to see with raised hand. Caution is yellow card and ejection is a red card.



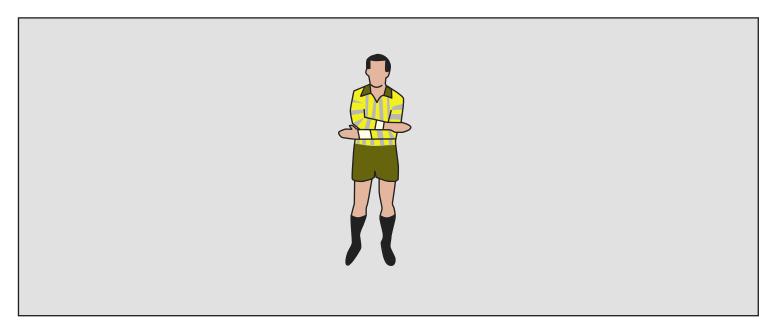
Restart the clock

Arm up making a circular motion.

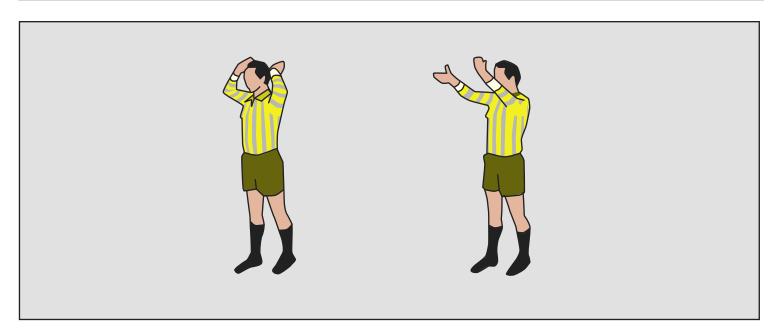


Goal After Shootout

Arms up pointing up and out in the shape of a Y.



Goal Not Allowed in Shootout Arms crossed in front of your body.



Foul Throw

Ball not thrown in properly with both hands and delivered from behind and over the head.